



Hudson River Valley Chapter Newsletter

October 2018

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Useful & Helpful Links

<http://www.assp.org>

Link to the National ASSP webpage for information on great topics in EH&S. Go look things up.

<http://hudsonrivervalley.assp.org>

Link to the Hudson River Valley Chapter web page. Information on the Local items and events as well as good information. Try it, you'll like it!

<https://www.cdc.gov/>

Link to the Center for Disease Control. Great current information on health items to help protect us all through illness controlling and prevention. Lots of good items!

Hotlinks in articles are in **Bold Red font.**

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Industrial Electrical Safety Technical Meeting.

The October Hudson River Valley Chapter meeting was a Technical Meeting held on October 18th, 2018 with the topic of "Industrial Electrical Safety" presented by Mr. Bill Gerrlings, founder and President of Priority Safety LLC. The presentation consisted of a digital slide presentation and lecture based on Mr. Gerrlings knowledge and his experience based on his 43 year career with Consolidated Edison Company of New York (Con Ed) where he held positions of Senior Safety Instructor at the Corporate Learning Center in New York City, and as the Senior Safety Specialist Substation Operations.

The lecture session of the presentation included topics such as; Electrical Work Practices, Lock Out/Tag Out Working On Energized Parts, Electrical Tools and Cords, Work Area Safety, and use of FR Clothing. The presentation was well received and informative. The presentation was immediately followed with a Q & A session held with the attendees. Thank you Mr. Gerrlings for an interesting and informative presentation.

Help with Safety Technology.

If you are having trouble keeping up with the attest trends in Safety Technology, you are not alone. Luckily, there is a source of helpful information available to you – and it is free. It comes to you in the form of an E-Book you can download. It will not solve all your problems for you, you will have to read it and understand that it is a short collection of items designed to give you some basic information on the use of safety technology in everyday situations. You can download it to your computer by filling out a short request form. It is located at this link:

[Safety Technology In The Workplace 101.](#)

Be careful when filling out the request from, they do not accept requests from a non-business email address like "yahoo.com", or "gmail.com", or "hotmail.com". I found that out the hard way!

As stated above, this is not a deep detailed article, but enough to get you started in the use of technology in your workplace or business.

Recognition of Long Service Chapter Members.

The Hudson River Valley Chapter Officers and Board Members would like each chapter member to join us in recognizing the following chapter members for their individual service in the ASSP. We would also like to thank their current and former employers for supporting these members in their service to safety.

Edward C Sinnott, CSP	- 25 years	Hudson River Valley Chapter.
Brian P McShane, CSP, CIH	- 25 years	Hudson River Valley Chapter.
James J McDonough	- 25 years	Hudson River Valley Chapter.
Harry P. Mirijanian, WSOCSSE	- 40 years	Hudson River Valley Chapter.
William T Helmstadt, CSP	- 40 years	Hudson River Valley Chapter.

I am led to believe your Certificates of Long Service will be coming directly to you from the ASSP. You may have already received them. Congratulations on your support of the safety community and the ASSP.

New Resources for the Construction Industry.

CPWR – The Center for Construction Research and Training, an [OSHA Alliance program participant](#), recently launched six new safety resources for the construction industry. They are;

1. A [training program](#) on noise hazards and preventing hearing loss.
2. A [training module](#) on effective safety leadership for construction foremen and team leaders.
3. On line tools to help prevent injuries from manually [lifting and moving](#) heavy materials.
4. Conducting [Safety Climate Assessments](#) to improve worker safety perceptions at jobsites.
5. A [list of personal protective equipment](#) for female construction workers.
6. An [online network](#) of construction safety and health experts and resources.

The links above will bring you to the specific web pages for those referenced topics. By the way, CPWR originally stood for the Center for the Protection of Construction Workers Rights, now known as The Center for Construction Research and Training.

OSHA Updates Trenching & Excavation National Emphasis Program.

OSHA has updated its National Emphasis Program (NEP) on preventing trenching and excavation collapses in response to a recent spike in trenching fatalities. According to OSHA, 50 workers are killed in trench related incidents each year, and thousands more are injured. Under the NEP, OSHA will increase its education and enforcement efforts; inspectors will record trenching and excavation inspections in a national reporting system; and each area office will develop outreach programs. The NEP began October 1, 2018, with a three month period of education and prevention outreach. Enforcement activities will begin after the outreach period and remain in effect until canceled. OSHA-approved State Plans are expected to have enforcement procedures that are at least as effective as those in this instruction. OSHA has developed a series of [compliance assistance resources](#) to help keep workers safe from trenching and excavation hazards. The [trenching and excavation webpage](#) provides information on trenching hazards and solutions. Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA's role is to help ensure these conditions for America's working men and women by setting and enforcing standards, and providing training, education and assistance.

ASSP Safety and Tech Pubs Podcasts.

Do you listen to podcasts on your smart phone, tablet, or desktop computer? If you do, are you aware that ASSP has introduced its own podcasts called 'Safety Standards and Tech Pubs' podcasts? They can be listened to on just about any device that has internet access with audio player capability as the podcasts are strictly audio in nature. There are currently five podcasts available on the ASSP website with a sixth unit to be introduced on November 19, 2018. They range from 7 minutes to 20 minutes in topic length, so far. But future podcasts may be longer as it depends on the complexity of the topic presented. The current podcast topics available are:

1. Episode 1: Industry Consensus Standards. 11 minutes 59 seconds.
2. Episode 2: Safety Leadership and Professional Development. 19 minutes 33 seconds.
3. Episode 3: How Government Agencies Use Industry Consensus Standards. 8 minutes 59 seconds.
4. Episode 4: Certification to Industry Consensus Standards – Part I: Why Certify? 6 minutes 21 secs.
5. Episode 5: Certification to Industry Consensus Standards – Part II: The Certification Process
7 minutes 35 seconds.
6. Episode 6: ISO 45001 coming November 19, 2018 no duration given at the moment.

All of these and future podcasts can be found on the ASSP web site using the following link; [Podcasts](#)

OSHA Memorandum Clarifies Position on Incentive Program Drug Testing.

OSHA issued a memorandum clarifying its position that its rule prohibiting employer retaliation against employees for reporting work-related injuries or illnesses does not prohibit workplace safety incentive programs or post-incident drug testing. The Department believes that many employers who implement safety incentive programs and/or conduct post-incident drug testing do so to promote workplace safety and health. Action taken under a safety incentive program or post-incident drug testing policy would only violate OSHA's anti-retaliation rule if the employer took the action to penalize an employee for reporting a work-related injury or illness rather than for the legitimate purpose of promoting workplace safety and health. For more information, see the [memorandum](#).

Day of Safety Seminar.

Once again Mr. Todd Martin of the Safety and Health Council of the Hudson Valley are presenting the Day of Safety seminar on November 14, 2018. It is being held at the Wiltwyck Golf Club at 404 Steward Lane, Kingston, NY and the program starts at 8:00 Am and ends at 4:00 PM. Complimentary Lunch and refreshments at breaks will be provided. The program promises to be a full and robust assortment of topics ranging from Hearing conservation, Managing Workplace Stress, Ergonomics and Back Injury Prevention, and the popular Legal Topics in Safety presented once again by Ian Bogarty, Attorney At Law - Labor.

FREE On-Line Active Shooter Preparedness Training.

A free on-line Active Shooter Preparedness training course is available for everyone with an interest in this topic and wishing to present training at their company organization or work location. A short video begins the learning session and training can be tracked for progress. The training and all related information is presented by Vivid Learning Systems, and can be found here:

[Active Shooter Preparedness Training](#).

Here is a link to the Active Shooter Response Webcast also from Vivid Learning Systems that can be used in conjunction with the above training: [Active Shooter Response Webcast](#).

Hudson Valley Federal Health and Safety Council.

On October 26, 2018 a meeting of the Hudson Valley Federal Health and Safety Council was held at the Veterans Healthcare System's Montrose Campus, 2094 Albany Post Road, Montrose, NY. The topics presented at this meeting were very professional and covered a wide range of topics that included:

Active Shooter: Presented by Glenn Tabone, VHA Police Training Sergeant. This presentation covered the process and procedures developed specifically for this facility. They are intended to ensure the safety and protection of the staff, patients, facility visitors, out-patients, contractors, and vendors that might be present at any given time of the day.

Safe Patient Handling: Ms. Nichola Watkins, Education Specialist, VHA. Presented this program developed to provide safe handling of the bedridden patient to prevent potential injury to both the patients and the caregivers on duty when a large patient needs to be moved to provide care. Statistics have shown that the use of the proper equipment can and does reduce the likelihood of ergonomic injuries to the staff, and greatly reduces the risk of injury due to falls or slips to the larger sized patient that needs to be moved or lifted during the course of their care.

OSHA Update: Presented by Tom McCarthy, OSHA Compliance Assistance Specialist. Tom gave an interesting and informative presentation on OSHA requirements for PPE in the workplace.

The next scheduled meeting of the Hudson Valley Federal Safety and Health Council is planned for Friday, November 30, 2018, at the Westchester County Training Center located at 4 Dana Road, Valhalla, NY. A Meeting reminder email was sent out.

Our Next Scheduled Chapter Meeting.

The next scheduled ASSP Hudson River Valley Chapter meeting is a Chapter Board Meeting concerning:

Planning and logistics items for the next PDC, as well as contacting speakers and vendors for the PDC;

Chapter Administrative Business such as planning of the phone campaign to contact members to verify correctness of mailing address or e-mail address, and membership status, as well as last meeting minutes approval to post on our website;

This meeting is to be held at the QUEST Offices located at 1376 Route 9, Wappingers Falls, NY.

The planned start time is 6:00 P.M., and usually ends at 7:30 P.M., with a light meal and refreshments to be served at 5:30 P.M.

Come to a chapter meeting, we would like to see you participate in the operation and functions of the Chapter! The meetings are always open to ASSE members and they are always included in this newsletter, as well as being posted on our [webpage](#) in advance so you know where they are going to be held. We would really like to see you at a Chapter Meeting.