



Hudson River Valley Chapter Newsletter

September 2017

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Useful & Helpful Links

<http://www.asse.org>
Link to the National ASSE webpage for information on great topics in EH&S.

<http://hudsonrivervalley.asse.org>
Link to the Hudson River Valley Chapter web page. Information on the Local items and events as well as good information. Check us out.

<https://www.cdc.gov/>
Link to the Center for Disease Control. Great current information on health items to help protect us all through illness controlling and prevention.

Hotlinks in articles are in **Bold Red font.**

Newsletter Editor:
Charles R. Von Dietsch

Hard Hats - Who Needs Them? You Do.

The following is a testimonial offered by one of our own Hudson River Valley Chapter members on head injuries on the job. In the U.S. alone there were an estimated 252,000 head injuries in the past year.

It was back in 1979 when he suffered his concussion, the first of a few in his working life. He was working for a large retail company that had materials stored on shelving units. He turned to get something, and then it happened – 200 pounds of shelves fell on his head. “This caused the instant loss of 23 years of my life! In the blink of an eye, family, friends and neighbors were unknown strangers”. This trauma was with him for six long hard years. As this story was recounted to the Newsletter Editor, our fellow member lamented that “if only I had on a hard hat at the time of the injury, it would have prevented the entire ordeal”.

The major point here is that if you think there is a chance of injury, even remotely, while conducting your tasks or your workers conducting their tasks make sure you and they have all the necessary Personal Protective Equipment (PPE) needed to conduct the work operation safely.

Remember Safety Starts Now.

The morning job briefing is a great place to check for PPE, inspect it, and replace it if necessary. Head protection in the form of proper Hard Hats is not as simple as it may seem. A link to a short video is provided here to help you understand some basic hard hat protection characteristics.

Please use this link for a quick lesson on protection factors of hard hats. Feel free to share it with your employees, coworkers, and contractors on your job site.

https://go2.learnatvivid.com/acton/ct/2931/s-070a-1708/Bct/q-2398/l-sf-lead-02f2:25803d/ct4_0/1?sid=TV2%3AppDeGOICO

NYC DEP Safety Day November 1, 2017.

On Wednesday, November 1, 2017 the NYC Department of Environmental Protection (DEP) has scheduled a “Safety Day” in their Valhalla, NY facility from 10:00 AM – 3:00 PM.

ASSE Hudson River Valley was invited to participate with an informational table that will be staffed by our President Elect Crystal Turner-Moffett, and Newsletter Editor Charles Von Dietsch.



Special Guest at Our Chapter Planning Meeting.

The Executive Board of the Hudson River Valley Chapter was pleasantly surprised and honored to have Ms. Shaundree Davis, ASSE Metro-Area Director, (center of photo at left) attended the 2017 – 2018 chapter planning meeting. Ms. Davis participated in the discussions, and provided guidance and suggestions for the ideas discussed, as well as presenting new avenues of actions and partnerships with other

organizations and some topics for the Chapter to follow-up on. It was a good productive meeting.

ASSE Hudson River Valley Chapter Planning for 2017 - 2018.

The Hudson River Valley Chapter of ASSE executive Board held its Planning meeting for the coming year on September 14, 2017 in the QUEST offices in Wappinger Falls, NY. This planning meeting was to explore possible events to hold as well as planning interesting and informative topics for our general membership meetings for the coming 2017 – 2018 year. We hope that you will save these dates and attend these sessions;

October 12, 2017 – Technical Meeting in Fishkill, NY Hilton Garden Inn.

Bill Helmstead 6:00 P.M. meet and greet. Speaker starts at 6:30 PM.

November 16, 2017 – Technical Meeting at Utility Survey Company, Washingtonville, NY.

December 14, 2017 - Board Meeting & Year End reports and nomination discussion, Warwick, NY.

January 11, 2018 – Technical Meeting Peer Group Training. TBD.

February 8, 2018 – Board Meeting PDC Planning, Wappinger Falls, NY. (QUEST)

April 12, 2018 – Nominations and PDC Planning, Wappinger Falls, NY. (QUEST)

April 19, 2018 – Professional Development Conference (PDC).

May 10, 2018 – Technical & Joint Meeting. TBD.

June 14, 2018 – WISE Meeting.

Job Opportunities - OSHA.

We have received employment opportunities from OSHA in Region I and Region II. These may be of interest to you, or someone you know.

Region I: -

There are two openings for Industrial Hygienists. One is located in Springfield Mass., and one is located in Andover, Mass. The specific responsibilities are listed on our Chapter Web page along with the hotlink to apply for each position under the Heading tab “Jobs”.

The link to our Chapter Web Page Current Openings is listed below for your convenience and use:

<http://hudsonrivervalley.asse.org/current-openings>

Or you can use the direct links to apply.

Industrial Hygienist in Andover, Mass. <https://www.usajobs.gov/GetJob/ViewDetails/478686000>

Industrial Hygienist in Springfield, Mass. <https://www.usajobs.gov/GetJob/ViewDetails/478914700>

Note: These positions may already be closed out.

Job Opportunities - OSHA (Continued).

OSHA Region II: -

These two positions are located in the Tarrytown, NY Area Office. One is a Safety Engineer position, and the second opportunity is for a Safety Specialist.

Information and links to the job positions are posted on our Chapter web page if you are interested in applying. Please use this link; <http://hudsonrivervalley.asse.org/current-openings/>

Or you can use the direct links given here below;

Safety Engineer Position - <https://www.usajobs.gov/GetJob/ViewDetails/478708600>

Safety Specialist - <https://www.usajobs.gov/GetJob/ViewDetails/478800700>

Note: These positions may already be closed out.

Hudson Valley Federal Safety and Health Council Meeting.

The next scheduled meeting of the Hudson Valley Federal Safety and Health Council meeting is scheduled for Friday, September 29, 2017 from 9:00 AM until 12:00 Noon and is to be held at the Rockland County Fire Training Center, 35 Firemans Memorial Drive, Pomona, NY. *Registration for this event is FREE. But you must RSVP to Linda.DiGasper@va.gov, or phone 914-788-4857 for planning purposes, as light refreshments will be served* This event is open to all interested in promoting safety and health in the workplace, private sector employees, college and University Staff, Federal, State, County, City, Town, Village employees, or any employee with Safety responsibilities as collateral duty. The scheduled topics and presenters are;

- 1) Fall Protection for General and Construction Industry. The presenter is Michael LaFountain, Asst. Safety and Loss Control Specialist for Orange County. The presentation will include an overview of the Construction and General Industry fall protection standards and the January 2017 changes to OSHA 1910 Subpart D relating to ladders, scaffolds, and other fall hazards.
 - 2) Employee Injury Prevention. The presenter is Tammy Rossomando, Consultant. Ms. Rossomando has a background in sports medicine and EHS and will present how to tell the difference between soreness and injury, the use of stretches before and after working and how ergonomics can help your program.
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Port Authority of New York & New Jersey New Position Offering.

Mr. William Pockels, of the Port Authority of New York and New Jersey has advised our chapter of the creation of a new position that will need to be filled by a qualified candidate. The position title is Safety Assurance Manager. The requirements and responsibilities are posted on our Chapter web page. To see if you meet the job requirements and would like to apply for this position please go to our web page to view this employment opportunity and how to file to apply for this position. Please use this link to the web page and position description; <http://hudsonrivervalley.asse.org/encounters-jobs/safety-assurance-manager/>

ASSE Hudson River Valley Tours New Tappan Zee Bridge (formally Governor Mario M. Cuomo Bridge) Construction Site.

Members of The Hudson River Valley Chapter participated recently was invited to tour the Bridge construction site. Below is a representative photo of our Past President Ken Eck and our President Elect Crystal Turner-Moffett in proper personal protective Equipment on the tour. Please use this link to the photo file folder established for your use to view all the photos taken of this event.

<https://photos.google.com/share/AF1QipM7DE0Z7Ed82XVXws42o6OCPZ3LT6J7nY9U18laTBSk5dX9PmHntnR3gPHQKIDmEw?key=c3MzUkhvcHICdzA4amExM1NpTWktd111QTRwb2lB>



ASP and CSP Certification Prep Courses offered in New Jersey.

Thinking of becoming an Associate Safety Professional (ASP) or a Certified Safety Professional (CSP)? This information is for you. The Penn-Jersey, New Jersey, and Philadelphia Chapters of ASSE are co-sponsoring ASP and CSP certification preparation courses on November 13 – 15, 2017 for the ASP Course, and November 16 – 18, 2017 for the CSP course. These courses are to be held in Bordentown, New Jersey. They are currently offering a rate of \$625 for registrants after September 1, 2017 to October 13, 2017 per course. Information regarding the courses can be found at the Penn-Jersey ASSE website using this link;

<http://penn-jersey.asse.org/meetings/>

A copy of the event flyer for this professional development opportunity is attached for your use if interested in these courses. It is on the following page of this newsletter.



ASP / CSP Prep Courses

Sponsored by the Penn-Jersey, Philadelphia and New Jersey Chapters of ASSE

What:	Associate Safety Professional (ASP) Prep Course (3-day course)
When:	Monday, November 13, 2017 – Wednesday, November 15, 2017
Where:	Rutgers EcoComplex, Bordentown, NJ http://ecocomplex.rutgers.edu/
Instructors:	Langlois, Weigand & Associates, Inc. (Instructors used by ASSE)
Cost:	Early Registration: \$575* for those who register by August 31, 2017 \$625* for those registering September 1, 2017 through October 13, 2017 * Fee includes course manual and meals (continental breakfast and lunch)
Available Slots:	25

What:	Certified Safety Professional (CSP) Prep Course (3-day course)
When:	Thursday, November 16, 2017 – Saturday, November 18, 2017
Where:	Rutgers EcoComplex, Bordentown, NJ http://ecocomplex.rutgers.edu/
Instructors:	Langlois, Weigand & Associates, Inc. (Instructors used by ASSE)
Cost:	Early Registration: \$575* for those who register by August 31, 2017 \$625* for those registering September 1, 2017 through October 13, 2017 * Fee includes course manual and meals (continental breakfast and lunch)
Available Slots:	25

How do I register for the course?

- Register using PayPal at the Penn-Jersey ASSE website, <http://penn-jersey.asse.org/>.

Why should I sign up for this course?

Our Cost to Take the Course	Estimated Cost to Take the Course Elsewhere
Course Fee: \$625 Total Cost: \$625 (\$575 if you register by August 31, 2017) Our cost is ~25% of the total cost if you were to travel to take the ASP or CSP Prep Course	Course Fee: \$710 Airfare: \$425 Hotel: \$425 Car: \$175 Meals: \$175 Total Estimated Cost: \$1910

- Those with a CSP or other certification can attend it as a refresher course and obtain **recertification points and CEU's**.