



# Hudson River Valley Chapter Newsletter

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## Useful & Helpful Links

<http://www.assp.org>

**Link to the National ASSP webpage for information on great topics in EH&S. Go look things up.**

<http://hudsonrivervalley.assp.org>

**Link to the Hudson River Valley Chapter web page. Information on the Local items and events as well as good information. Try it, you'll like it!**

<https://www.cdc.gov/>

**Link to the Center for Disease Control. Great current information on health items to help protect us all through illness controlling and prevention. Lots of good items!**

Hotlinks in articles are in **Bold Red font.**

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## Hudson River Valley Chapter Earns Gold Level.

The Hudson River Valley Chapter Of ASSP (that is us folks!) has achieved Gold Level Status for the 2018-2019 Chapter Operational Year. Congratulations to the Chapter Officers and every member of the Chapter for earning this achievement level for the 2018 – 2019 year! The amount of work that goes into obtaining this status level is impressive and everyone should be proud of the efforts they contributed to reaching this goal. Your Chapter Executive Board will be trying to build upon this momentum and continue to succeed and provide the quality experiences in these trying times of COVID-19 stressing and straining our daily lives in ways we never thought of in the recent past. With the help and support of the membership, we can only be better. Once again, Congratulations to the entire chapter for this achievement. Best Regards to all chapter members and their families, let's keep our march to excellence going forward,  
Charles R. Von Dietsch Jr., Chapter Secretary on-behalf of our Chapter  
Current President, Mr. Matthew F. McDonald.

## ASSP's Leadership Conference 2020.

The 2020 ASSP Leadership Conference is going to be completely different than ever before. The reason for this is for two reasons. The first reason is that it will be held virtually. The second reason is that it is completely FREE! That's right fa-REE - ZIP! ZILCH! NADA! No cost!! All 2020 – 2021 Chapter Officers are encouraged to participate. Volunteer leaders are critical to ASSP's success, Chapter successes, and the Safety and Health Industry as a whole. This online event will take place on October 1 – 2, 2020. The Keynote address will be delivered by Ms. Vicki Clark a noted non-profit leader, consultant and coach who can help leaders seek out opportunity in transition. Her talk will share how servant leadership can help build stronger, more inclusive communities in safety. If you plan to attend, all registration and program details can be found here after logging on to the National ASSP web site.

<https://www.assp.org/education/conferences/leadership-conference>

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## Are You Being Asked To Start Travelling For Business Again?

A growing functioning economy seems to be gaining a foothold in some areas in this new normal. Some workers who travelled for business before COVID-19 may be returning to that type of work assignment lifestyle. If you are in this situation or someone close to you is travelling by plane, bus or train means they or yourself, may be in close contact with other passengers. As this continues, it increases the risk of an exposure.

The Center for Disease Control and Prevention has published some travel safety tips for you to use in making your decision to travel if there is no other alternative to accomplish the assignment. You must ask yourself these questions about the planned travel:

- Is COVID-19 spreading where you are going? How about where you live?
- Is it realistic that travel companions will be able to stay 6 feet from you?
- If you are travelling with others, are they at high risk for severe illness (i.e., older adults and people with existing medical conditions)?
- Do you live with someone who is at high risk for illness?
- Does your local government require you to stay home for 14 days after your trip?
- If you get sick, will you have to miss work?

“Do not travel if you are sick, or if you have been around someone with COVID-19 in the past 14 days,” the CDC states. “Do not travel with someone who is sick.”

If you do decide to travel, use these safety tips as a guide to be followed:

- Clean your hands often. Wash your hands with soap and water for at least 20 seconds, especially after being in a public place. Use hand sanitizer if you can't wash your hands.
- Don't touch your eyes, nose or mouth.
- Avoid close contact with others.
- Wear a face covering in public.
- Cover your mouth when you sneeze or cough.
- Pick up food curbside if you are eating out when travelling.

The original base source of this article is the National Safety Council's Safety and Health magazine July 2020 issue, and the CDC published guidelines available on the CDC web site.

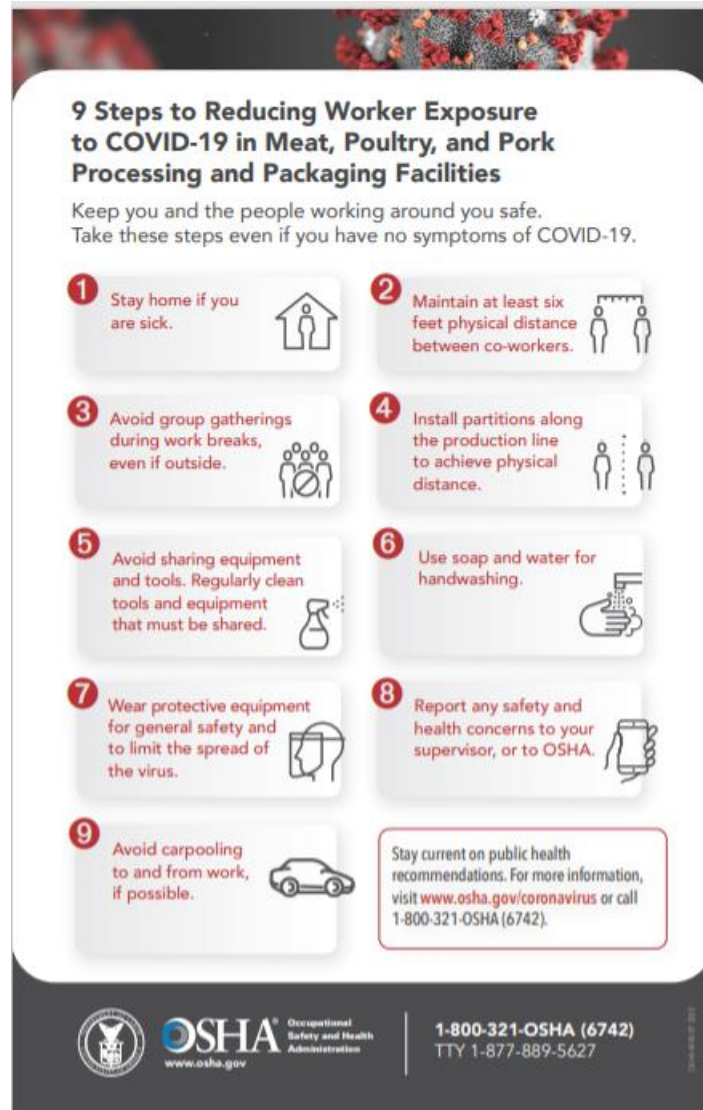
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## ASSP Introduces New Practice Specialty.

Effective on July 1, 2020 The American Society of Safety Professionals (ASSP) introduced a new name for a practice specialty. The Global Operations Practice Specialty was established to reimagine what was called the International Practice Specialty. This change was designed to help the practice specialty refocus its efforts to better serve ASSP members with global responsibilities, regardless of their location.

## OSHA COVID Poster For Meat Industry Available In 17 Languages.

OHSA's poster that shows safety steps for employees and workers at meat, poultry, and pork facilities is now available in English, as well as 17 other languages. The posters show 9 Steps to Reducing Worker Exposure to COVID-19 in Meat, Poultry, and Pork Processing and Packaging Facilities. The English version poster is illustrated here below.



This poster is available in the following languages: Spanish; Arabic; Brazilian Portuguese; Chinese Simplified; Chinese Traditional; French; French Creole; Hmong; Korean; Kunama; Marshallese; Nepali; Polish; Portuguese; Somali; Thai; Vietnamese.

Many other COVID-19 Protection publications are available here from Food Truck Workers to Hair and Nail Salon Workers are available at [this location](#).

## Thought Of The Day.

“Go out into the world today and love the people you meet. Let your presence light new light in the hearts of people.” --- *Mother Teresa*.

## Safety News You Need: Motor Vehicle Fleet Safety.

Transportation incidents are the leading cause of workplace fatalities. To prevent these incidents, organizations need to train drivers and maintain their vehicles. This article offers links to tools that can help keep drivers safe on the road.

- To keep your fleet safe, an organization needs to develop policies and procedures, hire, train and manage drivers and maintain vehicles. Keeping these eight factors in mind will help ensure your program is effective. [Read More here.](#)
- Distracted driving was involved in more than 2,800 fatal incidents in 2018, according to [National Highway Transportation Safety Administration](#). Learn more about the many distractions drivers face on the road and how to avoid them. [Read more here.](#)
- Driving behavior should change based on road and weather conditions. Driving too fast in certain conditions and situations can be disastrous. Share these five tips with drivers to help them operate safely in various driving situations. [Learn more here.](#)
- Driving while fatigued can lead to dangerous driving behaviors. Understanding the signs of driver fatigue and employing tactics to remain refreshed and alert, can help protect employees in your organization's fleet. [Read More here.](#)

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## Chapter Chatter

Our Chapter held an Executive Board Meeting Thursday June 25, 2020 using the ZOOM on line teleconference service. The Board again discussed the 2020 PDC, and how to hold it – if we have it. A motion was made seconded and accepted to continue this discussion at our next scheduled Board Meeting for a final decision. It was agreed that any later than this date would make it impossible to hold any event in 2020 given the time necessary to try get everything agreed on and confirmed to hold the 2020 PDC.

There is no Chapter Executive Board Meeting scheduled for July 2020, as the Board decided to take the month of July off. The next scheduled Chapter Executive Board Meeting will be held on Thursday, August 13, 2020 and will be held on the ZOOM Teleconference platform with a planned start time of 5:30 P.M.

The chapter executive board is investigating the different on-line meeting services available and determine which one will be most useful to us and allow a full membership meeting to be held, or even a Technical Meeting while keeping the membership safe at the same time. This type of service may even be used to present training webinars to you the membership. The final choice will be announced when that decision is made, and instructions for its use will be made available to all chapter members and any guest presenters that may be used for that particular meeting.

The minutes of all the chapter meetings whether on-line, in-person, or joint meetings with other organizations are published on our chapter webpage for you to read over if you want to see what is covered during these meetings. In fact, all of the chapter's meeting minutes going as far back as 2016, as well as our old issues of the Chapter Newsletters are available for you to read on the webpage. We have posted many of the Presentations from our past Technical Meetings as well. This is the link to the files page on our website for you to see these chapter documents: <https://hudsonrivervalley.assp.org/files/>.

Stay safe, and stay healthy. Hopefully we can meet face to face soon. If needed for any questions you may have about our Chapter activities, my email contact address is: [cvondietsch@yahoo.com](mailto:cvondietsch@yahoo.com)